

Harbor Happenings

September 4th - 9th



Daily Activities:



Beach Yoga
 Tuesdays **10 am**
 Thursdays **7:30 pm**
 Sundays **8:30 am**

Meet on the Harborside Beach!
 Towels are Provided
 Donations Accepted

BE WELL AT THE BEACH CLUB

Come join us for series of wellness programs taking place at The Beach Club.

Please sign up at Guest Services to secure your spot.

**Tuesday,
September 4th**

**Wednesday,
September 5th**

**Thursday,
September 6th**

**Friday,
September 7th**

8am-2pm
Athleta Popup Shop
 Topsail Lounge

10am
Beach Flow Yoga
 Harborside Beach

11am - 1pm
Estuary Spa Chair Massage
 Beach Club Porch

5:15pm
Water Barre
 Instructed by Courtney
 from the Barre Code

3:30pm
Estuary Spa Tour

4:30pm
Stopping the Diet Obsession
Discussion with Adrienne Herrenbruck
 Theater
 Adrienne is an Exercise Physiologist and
 College of Charleston Professor.

8:30pm
Mindful Movie with films
 by Louie Schwartzberg
 Theater

8am-2pm
Athleta Popup Shop
 Topsail Lounge

9am-10am
Hustle Complimentary Smoothies
 Blender Bombs
 Topsail Lounge

10am
Water Barre
 Instructed by Courtney
 from the Barre Code

11am-1pm
Estuary Spa Chair Massage
 Beach Club Porch

7:30pm
Beach Flow Yoga
 Harborside Beach

8:30am
Bridge Run
 with Paige Hauff from
 Girls on the Run from
 Beach Club Lobby

10am-12pm
Estuary Spa Chair Massage
 Beach Club Porch

8:30pm
Mindful Movie with films
 by Louie Schwartzberg
 Theater



Breakfast: 6:30-10:30am
Lunch: 11am - 4pm
Dinner: 4pm - 10pm

Bridge Bar
4pm - 10pm

*Weather Dependent

Beach Club Tiki
11 am - Close

*Weather Dependent

Sunday - Thursday
8 am - 8 pm
Friday - Sunday
8 am - 9 pm

Monday - Saturday
9 am - 5 pm
Sunday
10am - 5pm

Sunday - Friday
4pm - Midnight
Saturday
12pm - Midnight

Activities may change due to weather, please check in with Guest Services.



COLLEGE of CHARLESTON SAILING

\$200 for 2 hour instruction to be certified to take boat out on your own. \$75 per person after lesson. Please call 843.284.7022 for more information.



Margarita Monday

6pm - 8pm

Sailing Cruise around the Charleston Harbor.

Departs from Shem Creek.

Arrive 15 minutes before trip starts

\$25 adults, \$15 Kids (3-12)

Check Out Our Off Property Tours

Boone Hall Plantation

11am - 3pm Monday & Wednesday

Adults \$21, Children (6 - 12) \$11,

5 & under free

Fort Sumter - Arrive 30 minutes early

10:30am & 1:00pm

\$24 for adults, \$13 for children (3 -11)

Stand Up Paddleboarding & Kayaking

on Shem Creek 9am - 6pm

Call 843.284.7022 for more information

and for weekly tour times

Coastal Expeditions, maps at Front Desk

USS Yorktown 9am - 6:30pm

\$23 for adults, \$14 for children (6 - 11)

USS Yorktown Ghost Tours

Sunday 8pm

Friday & Saturday 9pm

\$25 per Person- No Refunds

Trolley Departs 15 Minutes before.

SC Aquarium 9am - 4pm

Adults \$27.95, Children (3 - 12)

\$21.95, 2 & under free

Visit the Front Desk for to purchase tickets for Off Property Tours.

Fitness Center

Located on the 1st floor HarborSide

Open 24 Hours Daily

*Keycard Entrance



The Estuary Spa

Rejuvenate your mind, body and spirit with various services and treatments offered at The Estuary Spa.



Monday- Saturday: 9am - 5pm

Sunday: 10am - 5pm

Call for a reservation at 843.856.0028 Ext. 6 or ask the Front Desk for more information.

S'mores

S'mores kits are available for purchase at HarborSide Front Desk for \$4.

Firepits Lit Upon Request



Transportation to Charleston

By Shuttle

See the sights of downtown Charleston via our private shuttle! Please see shuttle schedules at any front desk locations.



The drop off and pick up point is on North Market Street in front of the Key West Hats Co.

By Water Taxi

The Charleston Water Taxi links Charleston Harbor Resort & Marina to historic downtown Charleston.



The Water Taxi leaves from the Marina from 9am - 7pm daily. \$8 each way or \$12 for an all day pass.(Kids 3 & under ride free.)

Important Phone Numbers:

Front Desk HS	7100
Front Desk BC	7170
Lost and Found	7053
Marina	7062
Reel Bar	7056
Fish House	7070
Marina Store	7020